



BAY LEAVES

AAUW/San Mateo

<http://sanmateo-ca.aauw.net>

February 2018, Vol 88, Issue 6

Presidents' Message

Ramona Raybin and Jane Bradley

Why Not Say Yes?

A few years ago Shonda Rhimes, creator of TV shows *Grey's Anatomy* and *Scandal*, wrote a book about her year of saying Yes. She said yes to things that scared her, that took her out of her comfort zone and learned that saying yes changed her. Over the next few months we will be putting the board together for 2018-2019 and hope we will hear YES when calling potential board members. This year we had only two new board members, who said Yes when called, Bobbi Benson and Mary Ann McKay. Bobbi actually volunteered to be secretary when she heard we had not been able to fill the spot. "It's the easiest job on the board" said Bobbi. "Of course I can do it."

Our goal is to have two persons for each elected spot -President and Vice Presidents for: Membership, Program, Recording Secretary and Financial officer. We also need a corresponding secretary as Dorothy Callan has stepped down after many years of service. Many of our members travel frequently or have obligations that prevent them from attending every board meeting; having a "co" not only allows travelers or those with ongoing commitments to say YES, it is also more fun and less pressure to share a board position. Take a look at the list of Past Presidents in the yearbook and then note that they continue to be in leadership positions either as elected or appointed officers or as interest group chairs. It's time for more members to step up and take on leadership roles. Experienced board members are more than happy to share their institutional knowledge and help newcomers succeed. The board meets the first Thursday of each month (except July/August) from 9:30 to 11:00 am in the SMCCCD administration building at 3401 CSM Dr. San Mateo and usually gathers afterwards for brunch/lunch at a nearby restaurant. Consider saying YES if you are asked to serve on the nominating committee or as an elected or appointed officer. You won't regret it.

Upcoming Branch Events

Please Save the Date!

- | | |
|----------|-----------------------------------------------------------------------------------------------------------|
| Feb 15 | Storytelling at Asian Art Museum
200 Larkin St. San Francisco
Lead by Karlyn Schneider, 11:00 am |
| April 20 | Annual Meeting/Fundraiser Luncheon
Congregational Church, 751 Alameda de las Pulgas, Belmont, 11:30 am |

Public Policy/Current Events

Betty Bernstein

Public Policy Discussion Group Will Learn about Local Organization That Provides Food Assistance to Those in Need.

In the last 13 years our Public Policy/Current Events discussion group has offered our members information about the infinite variety of resources available to residents of San Mateo County.

On February 13th we will host a talk by Terri Boesch, Executive Director of The Primrose Center, a low profile organization that provides food for those in need in our county. The organization has been at the same location in Burlingame for over 30 years. Now we have the chance to learn about what they have been doing all of these years.

The meeting will be at 10:30 am at the home of Diane Silven. Since their purpose is to provide food for those in need, we ask that you bring a bag of canned foods, fresh fruits and vegetables that can be distributed to their clientele.

Asian Art Museum Storytelling

The Asian Art Museum tour has been finalized. It will be on Feb 15th at 11:00 am. Take the 10:15 BART (Millbrae) to arrive around 10:45. The entrance fee is \$15; there may be a slight fee for the tour depending on the size of the group. Contact Gerhild Klein, to attend. Space is limited.

Membership

Maureen Buchner

Welcome to New Branch Members

Linda Scheifler Marks

Linda received her BA from UC Berkley in 1973, and her MA from Queen's University in Canada in 1979. She tells us that her work has taken her around the world to Canada, Europe and Asia. Linda has been an art conservator, including at the Asian Art Museum in San Francisco; now, she is a real estate broker specializing in residential properties. Her interests include education, public and foreign affairs, choral singing and hiking (as her schedule allows). She looks forward to learning more about our Interest Sections.

Cathryn Saliba

Cathryn received her BA in 1964, and MA in 1967, from USC. She is a retired teacher. Cathryn attended the Tech Trek Brunch with Jane Bradley and was so excited by the girls' accounts of their week at the camp, she knew she wanted to be part of AAUW. Cathryn is currently planning to travel, but when she returns, she will be welcomed to the Tech Trek Committee and our Interests Sections.

Dual Membership in AAUW Branches

Jane Bradley

While our branch has a wide range of interest groups ranging from Boggle to Foreign Affairs-Great Decisions, not all members' needs for a fun activity can be met. If you have scanned the Interest Sections of Bay Leaves and find nothing appealing or you want to add a different group, check out the web sites of our neighboring branches.

For a dual membership fee of \$21.00, (this is in addition to your National & San Mateo Branch dues) you can join a neighboring branch. Among other activities, the North Peninsula Branch, covering the cities of Burlingame; Brisbane; Colma; Daly City; Millbrae; San Bruno and South San Francisco, has two *Bridge Groups* and a *Traveling Women Group* which visits interesting places including various museums in San Francisco and Santa Clara.

The Mid-Peninsula branch, including San Carlos; Redwood City; Belmont; Atherton; Menlo Park; East Palo Alto; Portola Valley and Woodside, has a *French Conversation Group* and *Women in Literature Group* in addition to groups similar to our branch. Check out their websites for more information.

Tech Trek

Tech Trek scholarship funds are due at the end of March. The fee for sending one girl to camp is 1,000.00. We thank those who responded to our pink post card campaign.

If you would like to contribute, please make a check out to **AAUW CA SPF**. Mail your check to Maureen Buchner. Your donation is tax deductible through the Special Projects Fund. Thank you for your continued support!

Monday Movie Group

The Monday Movie group began in January 2016. Generally we meet the afternoon of the first Monday (lowest prices) of the month at the downtown San Mateo theatre (sometimes in Redwood City) and go for coffee afterwards to discuss the movie. The number of attendees for any one movie has ranged from as few as two to more than a dozen. We've noticed that a lot of our choices have been based on true stories!

Some movies have been loved by all ("Marshall") and some have been disliked by almost everyone ("Norman"), but that can make for an interesting discussion as well! In 2016, our first movie was *Joy*, followed by *Spotlight*, *Lady in the Van*, *Doris*, *Hologram for the King*, *Love and Friendship*, *Ghostbusters 2016*, *Snowden*, *Girl on the Train* and *Manchester by the Sea*. In 2017, we saw *Fences*, *Lion*, *United Kingdom*, *Zookeeper's Daughter*, *The Promise*, *Norman*, *Wonder Woman*, *Glass Castle*, *Victoria & Abdul*, *Marshall and the Man Who Invented Christmas*. Also in February, 2017, many of us went to the American Conservatory Theatre in San Francisco to see the play based on the Khaled Hosseini book "A Thousand Splendid Suns."

If you would like to join us, please send your email address to Mary Ann McKay. The movie announcement is generally emailed the Thursday before the Monday showing. The Cinemark 12 in San Mateo now has heated lounge seats and assigned seating in most of its theatres.

♥ February is Heart Health Month ♥

Know the symptoms of a heart attack.

- Extreme Fatigue: may last for days
- Nausea: should not be dismissed as the flu
- Pain in shoulders, neck, jaw, or arms
- Shortness of breath with or without chest pain
- Faintness or lightheadedness

Pay attention to these symptoms & don't be afraid to speak with your doctor if you experience them.

February 2018 Interest Sections

Mary Ann McKay,

Boggle (All Members Welcome!)

Judy Steele,

Wed, Feb 21st, at 1:00 pm

Judy Steele

Book Discussion I

Elissa James,

Thurs, Feb 15th, 10:00 am

Host: Susan Cioni

Hillbilly Elegy, J. D. Vance

Book Discussion II (wait list)

Judy Podesta,

Thurs, Feb 22nd, at 12:00 pm

Host: Karlyn Schneider

The Last Lecture, Randy Pausch

Book Discussion III (wait list)

Sherrean Rundberg

Thurs, Feb 15th, 1:30 pm

Host: Sherrean Rundberg

Hillbilly Elegy, J. D. Vance

Book Discussion IV

Jan Lamphier

Fri, Feb 23rd, at 10:00 am

Host: Cathy Jensen

Everything I Never Told You, Celeste Ng

Bridge

Elissa James

Mon, Feb 19th, at 1:00 pm

Host: Helen Hatchett

California Fact & Legend

Bobbi Benson

Tue, Feb 6th, 10:30 am,

Professorville Sidewalk Tour, Palo Alto

Dining Out

Jane Bradley

Wed, Feb 21st, at 6:00 pm (carpool? call Jane)

Luceti's, 109 W. 25th San Mateo

Rsvp to Jan Bradley by Feb 19th

Drama Reading

Marjorie Kobe,

Wed, Feb 7th, 9:00 am

Host: Kiki Arnaudo, The Good Shepherd Church

Ethnic Dining

Sue Rosenberg

Contact Sue Rosenberg for Ethnic Dining in February

Ethnic Lunch

Annette Delaney

Wed, Feb 28th, 11:30am

Location TBD,

Contact Lyn Haithcox

Foreign Affairs - Great Decisions

Margo King

Thurs, Feb 8th, 10:30 am

Host: Maureen Buchner

Russian Foreign Policy

Hiking Always 10 AM year round

Bobbi Benson

Mon, Feb 12th Laurelwood Park San Mateo

Mon, Feb 26th Monterey Heights Neighborhood, SF

To join us anytime, contact Bobbi Benson

Mah Jongg

Helen Hatchett

Wed, Feb 14th, 1:30 pm

Tues, Feb 27th, 1:30 pm

Host: Helen Hatchett

Membership: New and Prospective

Maureen Buchner

Monday Movie

Mary Ann McKay

Mon, Feb 5th, time TBD

Email Mary Ann McKay to get on the email list

Mystery Book Group

Mikki Coffino

Fri, Feb 9th, at 1:30 pm

Host: Barb Schotzko

A Wasteland of Strangers, Bill Pronzini

Public Policy/Current Events

Betty Bernstein

Diane Silven,

Tues, Feb 13th, 10:30 am

Host: Diane Silvan

Speaker: Terri Boesch, Executive Director of The Primrose Center, *Feeding Those in Need in San Mateo County*

American Association of University Women
P.O. Box 1465
San Mateo, CA 94401-0816

AAUW advances equity for women and girls through advocacy, education, philanthropy and research.

By joining AAUW you belong to a community that breaks through educational and economic barriers so all women have a fair chance.

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 AAUW Board Meeting	2	3
4	5 Monday Movie	6 California Fact and Legend	7 Drama Reading	8 Foreign Affairs	9 Mystery Book Group	10
11	12 Hiking	13 Public Policy	14 Mah Jongg	15 Book I Book III <i>Story Telling</i> <i>Asian Art</i> <i>Museum</i>	16	17
18	19 <i>Presidents' Day</i> Bridge	20	21 Dining Out Boggle	22 Book II	23 Book IV	24
25	26 Hiking	27 Mah Jongg	28 Ethnic Lunch			