



BAY LEAVES

AAUW/San Mateo

February 2016, Vol 86, Issue 5

Presidents' Message

Margo King & Annette Delaney

Red hearts and roses, those are the two “R’s” of the February Valentine’s Day that surround us in ads and stores this month. But then there is the third “R” which the first two symbolize: Relationships.

Relationships are what we might think of most when we consider ourselves as part of AAUW. We may think about the relationships we have developed with other members over the years which have brought important meaning to our lives. Hopefully we also think about the relationships still to be developed over the coming years as we meet new members who join us for fellowship and to support our mission.

And then there are the relationships with the young women we may not have known personally, but whose desire to enrich their lives we have supported. There are now hundreds of women and girls we have helped to learn more, do more, be more.

These relationships are what we hope all of us think about, enjoy and take pride in.

Happy Valentine’s Day!

UPCOMING BRANCH EVENTS

- Jan 29 North Peninsula’s 60th Anniversary Poplar Creek, Coyote Point, 11:30
- Feb 20 Joint meeting/San Carlos, *What To do with Your Stuff* Redwood Shores Library, 1:30 registration
- March 12 Women’s History Month Luncheon Joint meeting with IBC, 11:30 am Basque Cultural Center, SSF
- April 15-17 AAUW CA State Convention, 1717 S. Amphlett Blvd San Mateo

AAUW San Mateo Branch Annual Meeting and Spring Fundraiser Buffet Luncheon, April 27, 2016

Save the Date

Our annual fundraiser and annual meeting will be held on Wednesday, April 27th at Noon. This year the venue will be the Peninsula Humane Society new adoption facility at 1450 Rollins Road in Burlingame. We will enjoy a buffet lunch, be treated to a tour of the facility and learn about the many services the Society provides to our community for pets and wild animals. Our speaker will be Scott Delucchi, Public Relations Director for the Shelter. You won’t want to miss it!

Public Policy/Current Events

Betty Bernstein

The Public Policy Group will view a video showing the extent of sexual assault on college campuses on Feb. 16 at 10:30 am. “The Hunting Ground” is an important video spelling out the shocking facts about the widespread occurrence of sexual assaults on both female and male students on college campuses.

Cathy Foxhoven, who will host this program, will lead a discussion following the showing of the film. She will relate actual experiences that some have had in relation to the subject of the film. The meeting is open to all AAUW members and guests.

Public Policy/Current Events

HIP Housing

The Public Policy group met with Alie Sobczak, MSW, of HIP Housing (Human Investment Project) to learn about the organization's shared housing program. It was reiterated that the cost of renting housing is extremely difficult in San Mateo County. The home "provider" may need more income, mutual assistance, cost sharing of utilities, or added security. The home "seeker" may not be able to afford the average rent in our area. The seeker could be a college student, a single parent or a senior citizen.

There are many such matches in our county. HIP Housing has professionals who facilitate matching after interviews and discussion. A provider may have 3 different matches to meet prior to agreeing to share living space. There is a contract provided which can be rescinded with 30-day's notice. HIP has YouTube videos which highlight some of their program and existing partnerships.

Betty Bernstein shared anecdotes about having a long term renter who has helped with yard work and fix-it tasks for years. Because she has a large home she was attracted to sharing. It's been a very rewarding arrangement for her family. Perhaps you know someone who could be aided by this program. HIP housing has coordinators who can answer your questions at 650-348-6660.

San Mateo AAUW member Lois Almen Everett was instrumental in the creation of this organization. It's very gratifying to see where this idea has gone since she and a co-worker began it in 1972.

February is National Heart Month

Heart attack is the number one cause of death of American women. Women's symptoms may be different from the crushing chest pain that men experience.

Know the Symptoms: pain in the neck, jaw, shoulder, right arm, abdomen or back; shortness of breath while resting; nausea or vomiting; and lightheadedness are some of the symptoms women experience. If you feel you have these symptoms call 9-1-1 or your doctor. We all need to take care of ourselves!

Tech Trek

Maureen Buchner

Happy New Tech Trek Year! Our committee will soon be seeking nominees for our 2016 camp. Their teachers send in names, their parents must agree to entering the process, the girls then apply and send in essays, followed by interviews. The interviews must usually be finished by the end of March. Then comes the fun of camp! This year, Camp Grace Hopper begins on July 2, 2016, for staff and equipment move-in.

We are in need of 1 or 2 volunteers to drive a large vehicle to our East Palo Alto storage unit on Saturday, July 2nd around noon. The counselors will load the cars and unload them at Stanford. Also, we could use 1 or 2 volunteers to help at registration on Sunday, July 3rd, in the afternoon. This job does not require standing.

Thank you for your contributions to the scholarship in Carol Way's name. We are still accepting donations for 2016 campers. Checks should be written to AAUW, with *Tech Trek* or *Carol Way* written on the lower left line. The donation is tax deductible as before. The cost for one student for one week at Stanford, set by AAUW Ca, is \$900.00. We are hoping to send 8 girls this summer. Send your check to Maureen Buchner, These checks are sent on to our Camp Treasurer as in the past. We can't wait to meet those fabulous 7th graders!

Welcome to New Branch Member

Leilani Chua

Leilani graduated from CSU Stanislaus in 2002 then earned an MBA in 2014. She joined the Stockton branch of AAUW in 2002 where she served on various committees. Leilani worked for San Joaquin County for 17 years in various social services. She recently moved to Redwood City and works for San Mateo County Health Systems as an Administrative Manager.

Leilani has a college age daughter and a dog named Mikado. She is interested in Tech Trek, Dining Out, Scholarships and Hiking and aspires to be a 50 year member! She also enjoys watching sports, concerts and other cultural events and exploring the Bay Area.

AMERICAN ASSOCIATION OF UNIVERSITY WOMEN

San Carlos Branch (Redwood City, San Carlos, Belmont and South San Mateo County)
And San Mateo Branch (San Mateo, Burlingame, Foster City, and Hillsborough)

Present

Lois G. Tager, M.Ed., CSA

Author of “*What To Do With Your Stuff: A Guide to Decisions About Personal Possessions and Life Choices*”

Moving or downsizing? No problem, help is available. Not sure how or where to begin? This book details the storing, assigning, allocating, organizing or even disposing of your possessions. Lois will offer ways to get started *now* and not leave decisions regarding your “stuff” to your children, friends, attorneys, or worst case, the Courts. She will be available for Q & A following her presentation and books will be available for purchase.

Lois is a published author in numerous journals and an expert in helping seniors deal with a variety of issues. She will share with us why she wrote the book including how to start the process of making important life decisions easily and avoiding conflicts. She is the Director of Geriatric Care Management at the Law Office of Roy Litherland in Campbell, CA.

Saturday, February 20, 2016

1:30 Refreshments

2:00 Speaker

3:00 Book sales and signing

Redwood Shores Library

399 Marine Parkway, at Bridge in Redwood Shores (650-780-7018)

Directions: Going south on 101, exit at Ralston/Marine Parkway. Do not go straight or you will end up on Harbor Parkway. Instead, bear to the right to get off at Ralston. At the light, turn **east** and cross over 101, proceed past Oracle and turn left at the light at **Bridge** Parkway. The library is on the corner of Marine and Bridge. If traveling south on El Camino, turn left at Ralston and follow the directions after crossing over 101.

No charge, open to the public - bring friends and family. Carpooling is encouraged.

The meeting space is provided as a community service by the City of Redwood City. The City neither sponsors nor endorses this event nor the presenting individual or organizations.

If you wish to RSVP – call 650-477-2550 or email ramonaraybin@gmail.com



March 12, 2016, 11:30 am – 2:00 pm

Join other IBC Members (Interbranch Council)

for a scrumptious Lunch at the

Basque Cultural Center

599 Railroad Ave, South San Francisco

“SOLVING THE EQUATION” while enjoying Gastronomical Delights!

Guest Speaker

Christianne Corbet

MA - Former AAUW Researcher and co-author “Solving the Equation”

Speaking on the latest AAUW research Study,

**Solving the Equation: The Variables for Women’s Success in
Engineering and Computing**

Please make your lunch selection; price includes tax & tip.

Make your check out to **AAUW San Mateo** and mail it to our Financial Officer, Judy Steele. 798 Widgeon St. Foster City, CA 94404 by **March 1, 2016**, in order for Cathy Foxhoven to write a check to the Basque Cultural Center. The Cultural Center will accept only one check. **(Note difference in price for each entre)**

NAME _____

Guest Name: _____

ALL ENTRES INCLUDE SALAD, BREAD/BUTTER, COFFEE & ICE CREAM

Salmon with Champagne Sauce, rice & vegetables, #_____ @ \$35.95 each

Breast of Chicken Chasseur, rice & vegetables, #_____ \$ @ \$29.52 each

Vegetable Pasta, #_____ @ \$22.51, each

Total # attending _____, Check total \$ _____

February 2016 Interest Sections

Elissa James,

Boggle

Judy Steele,

Wed. Feb 17 at 1:00

Call Judy Steele for location,

Book Discussion I

Elissa James,

Thurs. Feb 18, 10:00 am

Maureen Buchner,

Some Luck, by Jane Smiley

Book Discussion II

Julia Pitcher

Thurs, Feb 25, 12:00 Noon

Pat Motto

The Georgetown Set, by Gregg Herken

Book Discussion III (closed)

Thurs. Feb 18, 1:30

Kathy Wiblin

Girls of Atomic City, by Denise Kiernan

Book Discussion IV

Friday, Feb 26, 10:00 am

Host: Mady Sokolsky

The Stranger on the Train, by Abbie Taylor

Bridge

Elissa James

Monday, Feb 15, 1:00 pm

Host: Pat Haupt,

California Fact & Legend

Helen Hatchett

Tues. Feb 2, 9:30 (NOTE CHANGE IN TIME)

Bobbi Benson,

Speaker: Michael Svanevik

RSVP to Helen Hatchett by Jan 29th

Dining Out

Jane Bradley

Wed, Feb. 17, 6:00 pm

CreoLa, 344 El Camino San Carlos 94070

RSVP to Gayle Hardt, hostess,

Carpools available- Helen Hatchett

Drama Reading

Marjorie Kobe

Wed. Feb 3, 9:00 am,

Host, Maggie Kobe

Ethnic Dining

Mary Faber

Wed. Feb 10, 6:30 pm

Call or email Mary for more information

Ethnic Lunch

Annette Delaney

Wed, Feb 24, 11:30 am

Best of Burma, 146 E 3rd San Mateo

RSVP to Annette Delaney by Feb 22

First Monday Movie Matinee

Mary Ann McKay

Mon. Feb 1st

Contact Mary Ann McKay for information

Foreign Affairs - Great Decisions

Christine Elgin,

Thurs. Feb 11, 10:30 am

Maureen Buchner,

Topic: *The Future of Kurdistan*

Hiking Always 10 AM year round

Bobbi Benson

Feb. 8, Año Nuevo Elephant Seals Tour

Feb. 22 SF Stairway Walk - Corona Heights

To join us anytime, contact Bobbi Benson

Mah Jongg

Helen Hatchett,

Wed, Feb. 10, 1:30 pm (Note Change in Date)

Tuesday, Feb. 23, 1:30 pm

For more info, contact Helen Hatchett

Membership: New and Prospective

Maureen Buchner

Contact Maureen Buchner about new members

Mystery Book Group

Mikki Coffino

Friday Feb. 12, 1:30

Specialty's Café & Bakery on Norfolk in SM

Learning to Swim, by Sara Henry

Public Policy/Current Events

Betty Bernstein

Diane Silven

Tues, Feb 16, 10:30 am

The Hunting Ground, a video about sexual assault on college campuses.

Host Cathy Foxhoven,

American Association of University Women
P.O. Box 1465
San Mateo, CA 94401-0816

AAUW advances equity for women and girls through advocacy, education philanthropy and research.
By joining AAUW you belong to a community that breaks through educational and economic barriers so all women have a fair chance.

February 2016 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Monday Movie Matinee	2 CA Fact & Legend	3 Drama Reading	4 Board Meeting	5	6
7	8 Hiking	9	10 Ethnic Dining Mah Jongg	11 Foreign Affairs	12 Mystery Book	13
14	15 Bridge	16 Public Policy	17 Boggle Dining Out	18 Book I Book III	19	20 Meeting w/ San Carlos, Redwood Shores Library
21	22 Hiking	23 Mah Jongg	24 Ethnic Lunch	25 Book II	26 Book IV	27
28	29 Leap Day					